

## JANUARY 2021 LOCKDOWN 3.0: JOIN US IN THESE MUSICAL ACTIVITIES

### Free Activities for Music Hub Colleagues

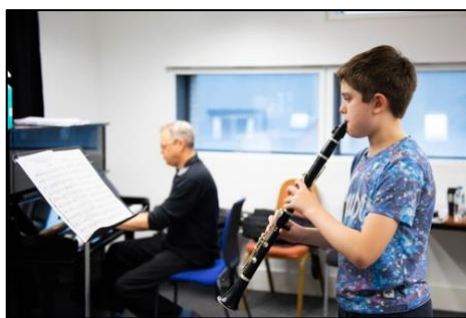
KEEPING STUDENTS ENGAGED IN VIRTUAL MUSIC-MAKING IS HARD WORK! WE HOPE THESE ACTIVITIES WILL SUPPORT YOU IN YOUR WORK WITH ONLINE ENSEMBLES AND REHEARSALS

CHETHAM'S OUTREACH IS DELIGHTED TO BE ABLE TO OFFER THE FOLLOWING WORKSHOPS, ALL FREE OF CHARGE THANKS TO OUR GENEROUS SUPPORTERS.

ALL OF THE FOLLOWING ACTIVITIES CAN BE ACCESSED EASILY VIA THE INTERNET AND SIMPE COMPUTER EQUIPMENT, CONTACT US ON [JOININ@CHETHAMS.COM](mailto:JOININ@CHETHAMS.COM) IF YOU'D LIKE TO ARRANGE SOMETHING FOR YOUR STUDENTS

#### **Rhythm skills for non-percussionists**

Let's get counting! Students will work with our facilitator in a 45 to 90-minute session focusing on pulse and rhythm. Using body percussion games, polyrhythms and grooves from around the world this interactive session will be tailored to suit the needs and levels of your group.



#### **How to Practice**

We all know it is difficult to maintain your musical mojo in lockdown! A practical session packed with top tips which explores different approaches to practice. In this interactive and engaging session with Owen Cox or Andrea Vogler, we'll help your students to think about how they can practice their instruments at home and explore ways of keeping practice time varied and interesting when help from peers, teachers and friends is not as easily accessed as usual!

#### **Zoom CPD for Staff**

An inclusive and enriching session where teachers and ensemble leaders can explore facilitating, sharing and practising via online platforms. This is an opportunity to learn from each other and try out ideas in a safe space. Investigate warm-up games and remote music making, with a focus on the sharing of musical ideas and techniques.



# Meet the Team



**Emma Cunliffe**

A former Chetham's student, Emma originally trained as a secondary school Music teacher and from there she went on to work at Huddersfield University, the BBC Philharmonic and The Bridgewater Hall in community music and music education roles.



**Sarah Atter**

Sarah Atter is a Manchester-based musician with extensive experience of devising and delivering education and community projects. She works across a variety of fields including music in healthcare, music in the community, music in education and music in criminal justice.



**Sophie Hastings**

Since graduating from the RNCM Sophie has performed at the BBC Proms and toured with many major orchestras playing drum kit, Latin and orchestral percussion. Sophie is head of Drum Kit and Rhythm Percussion at the Royal Birmingham Conservatoire where she promotes individual creativity in the developing musician.



**Sarah Heard**

Sarah began her career as a woodwind teacher for Hampshire Music Service and led community ensembles Saxophony and Funky Flute Club. Now she facilitates the Outreach Programme at Chetham's and works for the Royal Opera House in their Learning & Participation department.



**Andrea Vogler**

Andrea Vogler studied percussion at the Royal Northern College of Music and enjoys a varied career as a performer and educator. She is the Director of RNCM Young Percussion and is the recipient of an RNCM Teaching and Learning Award in recognition of her excellence and innovation in teaching and learning.



**Owen Cox**

Owen is Assistant Head of Strings at Chetham's where he runs the young string ensembles, chamber music as well as teaching individuals. He also directs the Greater Manchester Youth String Orchestra and coaches on National Children's Orchestra. He was previously a violinist in the CBSO and BBC National Orchestra of Wales.



**Outreach**  
Chetham's School of Music

We are grateful to our generous supporters, without whom none of our activity would be possible. Learn more at [Funders | Chetham's Outreach](#)

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